

such as described including soy isoflavones, the level of 0.1 g in 240 mL aqueous solution was found to increase the solubility of individual components including the soy isoflavones in aqueous solution. A suitable range of a composition of carrageenan and maltodextrin commercially available under the trademark INSTA\*THICK is 1.0 g to 4.0 g for a 240 mL composition. The level of 1 g in 240 mL water was found to increase the solubility of the components in aqueous solution. A suitable range of xanthan gum commercially available under the trademark KELTROL-T is 0.024 g to 0.096 g for a 240 mL composition. The level of 0.024 g in 240 mL aqueous solution generally does not create a viscous mouthfeel. The 0.096 usage level is used in the preparation of 4x concentrated syrup.

IN THE CLAIMS

~~Please cancel claims 12 and 13.~~

~~Please amend the following claims:~~

*Sub B3*  
1. (Amended) A method comprising:  
administering a beverage composition suitable for human consumption comprising effective amounts of the following solubilized components:

*A2*  
a calcium compound;  
a pH modifying organic acid in an amount up to the equivalent amount of a calcium of the calcium compound; and  
inulin,  
wherein the effective amounts are sufficient to reduce the risk of bone density loss.

*A3 Sub B3*  
3. (Amended) The method of claim 2, wherein the beverage composition further comprises:  
a stabilizing agent comprising maltol and one of carrageenan and maltodextrin and a xanthan gum.

*Sub B3*  
7. (Amended) A method comprising:  
administering a beverage composition suitable for human consumption comprising amounts of the following solubilized compounds:  
a calcium compound;  
a magnesium compound;  
a pH modifying organic acid in an amount up to the equivalent amount of a calcium of the calcium compound; and

*cont* Sub 82  
a fructo-oligosaccharide.

*Sub 82* 9. (Amended) The method of claim 7, wherein the beverage composition further comprises: a stabilizing agent comprising maltol and one of carrageenan and maltodextrin and a xanthan gum.

*Sub B3* 14. (Amended) A composition suitable for human consumption comprising a portion of a daily amount of:

a dietary acceptable calcium compound;  
a dietary acceptable magnesium compound;  
a dietary acceptable inulin; and  
an acidifier in an amount up to the equivalent amount of a calcium of the calcium compound, wherein, when combined in a solution, the composition can be translucent.

*Sub B3* 16. (Amended) The composition of claim 15, wherein the composition is one of a ready-to-drink solubilized beverage and a soluble beverage preparation.

*Sub B3* 18. (Amended) The composition of claim 17, further comprising a dietary acceptable isoflavone.

*Sub B3* 23. (Amended) The composition of claim 14, wherein the magnesium compound further comprises phosphorus.

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